

# Autumn Lunch Menu 2019



Star Cuisine

Week 1 02/09/19, 23/09/19, 14/10/19, 04/11/19, 25/11/19, 16/12/19

Monday

## Mild Chicken Curry

Diced chicken breast in a home made mild curry sauce. Served with mixed long grain rice & salad sticks

## Mild Vegetable Curry

Green lentils, chick pea & butternut squash in our home made mild curry sauce. Served with mixed long grain rice & salad sticks

## Fruit salad

With yoghurt

Tuesday

## Roast Pork

Roast loin of pork, served with home made roast potatoes, carrots, peas, Yorkshire pudding & rich gravy

## Vegetarian Sausages

Quality vegetarian sausages served with home made roast potatoes, carrots, peas, Yorkshire pudding & vegetarian gravy

## Cornflake Cake

With raisins & cocoa

Wednesday

## Home Made Beef Lasagne

Lasagne pasta sheets layered with our own special beef bolognese sauce, topped with béchamel & mild cheddar cheese. Served with fresh salad

## Home Made Quorn Lasagne

Lasagne pasta sheets layered with our own special Quorn bolognese sauce, topped with béchamel & mild cheddar cheese. Served with fresh salad

## Marble Sponge

With fruit

Thursday

## Fish Cakes

Flakes of salmon & potato, seasoned with parsley, all coated in golden bread crumbs. Served with seasoned potato wedges, baked beans & sweetcorn nibbles

## Bean Cakes

Mixed 5 bean salad with herbed potato & seasoning. Coated in golden bread crumbs. Freshly made by our chefs. Served with seasoned potato wedges, baked beans & sweetcorn nibbles

## Fruit Crumble

With custard (optional)

Friday

## Italian Macaroni Cheese

Short macaroni with peas, peppers and onions. A hint of garlic and mixed herb seasoning in a creamy bechamel sauce, topped with mild cheddar cheese. Served with salad sticks.

## Vegetarian Pattie

Mixed vegetable pattie in bread crumbs. Served with seasoned potato wedges, baked beans & sweetcorn nibbles

## Chocolate Mousse

Delicious creamy mousse

Strawberry yoghurt is available every day. Fresh fruit is available every day.  
White & wholemeal bread is served with every meal.

V