

Autumn Lunch Menu 2019



Star Cuisine

Week 2 09/09/19, 30/09/19, 21/10/19, 11/11/19, 02/12/19

Monday

Spaghetti Bolognese

Quality steak mince, fresh garlic, mixed diced peppers, mixed Italian herbs & chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta & salad

Spaghetti Quorn Bolognese

Quality quorn mince, fresh garlic, mixed diced peppers, mixed Italian herbs & chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta & salad

Fruit salad

Tuesday

Roast Gammon

Butchers gammon joint served with home made roast potatoes, carrots, peas, Yorkshire pudding & rich gravy

Roast Quorn Joint

Roast Quorn joint, served with home made roast potatoes, carrots, peas, Yorkshire pudding & vegetarian gravy

Flap jack with raisins

Homemade and delicious

Wednesday

Italian Meatballs

Quality Italian pork & beef meatballs created in our own home made tomato, fresh garlic & mixed herbs sauce. Served with pasta bows & vegetables

Homemade Ratatouille

Mediterranean vegetables & lentils in fresh garlic, mixed herbs and tomato sauce, served with pasta bows & vegetables

Fruit Jelly

Thursday

Chicken & Vegetable Casserole

Chicken pieces and fresh vegetables in our home made tomato & gravy sauce. Served with rice and salad sticks

Quorn & Vegetable Casserole

Quorn pieces and fresh vegetables in our home made tomato & gravy sauce served with rice and salad sticks

Chocolate Fudge Brownies

Friday

Fillet Cod Fish Fingers

Coated in bread crumbs. Served with potato wedges, baked beans or sweetcorn

Vegetable Fingers

Served with potato wedges, baked beans or sweetcorn

Chocolate Mousse

Delicious creamy mousse

Strawberry yoghurt is available every day. Fresh fruit is available every day.
White & wholemeal bread is served with every meal.

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