

Allergen information Little Stars January 2020 WEEK 1

	14 Allergens														Nursery specific				
	celery	cereal	crustacean	egg	fish	lupin	milk	molusc	mustard	nut	peanut	sesame	soya	sulphur	tomato	dairy	gluten	Meat	Other
Meatball Pasta	■	■		■											■		■	■	
Carrot Cake		■		■													■		
Potato Skins																■			
Chicken Curry	■														■			■	
Jam Tart		■															■		
Pasty & Beans		■													■		■		
Cottage Pie	■															■		■	
Pancakes		■		■			■									■	■		
Fajitas	■	■													■	■	■		
Pork Goulash	■														■			■	
Mousse							■									■			
Macaroni Cheese		■					■									■	■		
Chicken Cobbler	■	■															■	■	
Rice Pudding							■									■			
Homemade Fishcakes		■		■	■		■									■	■		