



# LITTLE STARS MENU



## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	<b><u>Honey &amp; Mustard Chicken</u></b> Served with brown rice. <b>Bread &amp; Butter Pudding</b>	<b><u>Spaghetti Bolognese</u></b>  <b>Banana Loaf</b>	<b><u>Chicken Hot Pot</u></b> Served with seasonal veg.  <b>Mince Meat Tart</b>	<b><u>Toad in the Hole</u></b>  <b>Pineapple Upside Down Cake</b>	<b><u>Spaghetti Carbonara</u></b>  <b>Jam Roly Poly</b>
SUPPER	<b><u>Bean &amp; Cheese Bake</u></b>	<b><u>Hunters Chicken</u></b> Served with loaded roast potatoes.	<b><u>Homemade Pizza</u></b> Served with veg sticks.	<b><u>Tomato &amp; Cheese Pasta</u></b>	<b><u>Meatloaf</u></b>
*There is a Vegetarian option available for all meals.*					
5 A DAY	Celery, onion, carrot, courgette and peas.	Carrot, peppers, cucumber, celery, pepper and onion.	Onion, celery, carrot, tomato and swede.	Pineapple, onion, pepper, tomato and sweetcorn.	Carrot, onion, celery, pepper and courgette.
*Fresh fruit and vegetables are served at every snack time, and fresh fruit is served at Supper.*					