

Little Stars

DAY NURSERY



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

WEEK 1

LUNCH

Chicken Tagine and rice

- ✓ Sweet Potato Tagine with rice

TEA

- ✓ Jacket Potato with assorted toppings

LUNCH

Cottage Pie

- ✓ Cottage pie with Quorn mince

TEA

Butter Chicken curry and nan bread

- ✓ Chickpea Butter curry and nan bread

LUNCH

- ✓ Sweet chilli roasted Vegetables and noodles

TEA

- ✓ Pizza wheels and corn on the cob

LUNCH

Roast Chicken with potatoes, gravy, and vegetables

- ✓ Cheese and Broccoli tart with potatoes, gravy, and vegetables

TEA

- ✓ Cheese and Tomato pasta

LUNCH

Fish fingers, wedges, and beans

- ✓ Vegetable and Mozzarella Sticks with wedges and beans

TEA

- ✓ Bagels with cream cheese, veggie sticks and humous

WEEK 2

LUNCH

Chicken and Mushroom Stroganoff served with rice

- ✓ Mushroom stroganoff with rice

TEA

- ✓ Cheese scones with veg sticks and dip

LUNCH

Cod and Salmon Fish pie with Broccoli

- ✓ Butternut Squash Pie with Broccoli

TEA

Peperoni pasta bake

- ✓ Tomato pasta bake

LUNCH

Beef Lasagne and veggie sticks

- ✓ Quorn mince Lasagne and veggie sticks

TEA

- ✓ Sweet potato and bean chilli with crusty bread

LUNCH

Homemade Toad in the hole served with mash, gravy, and vegetables

- ✓ Homemade Toad in the hole (veggie sausages)

TEA

Cheese and Ham toasties with veg sticks and dip

- ✓ Cheese and Tomato toasties

LUNCH

- ✓ Baked Butternut Squash Macaroni Cheese

TEA

Turkey Sloppy Joes with veggie sticks and dip

- ✓ Quorn Mince Sloppy Joes

WEEK 3

LUNCH

Spaghetti Bolognese

- ✓ Quorn mince spaghetti Bolognese

TEA

- ✓ Homemade Pizzas with corn on the cob

LUNCH

Meatballs in gravy with mash potato and vegetables

- ✓ Vegetarian meatballs in gravy with mash potato and veg

TEA

Fajita Style Chicken with wraps

- ✓ Fajita style vegetables with wraps

LUNCH

Chicken Goujons, wedges and peas

- ✓ Mozzarella sticks with wedges, corn on the cob

TEA

Sausage and Pea Risotto

- ✓ Vegetarian Sausages and Pea Risotto

LUNCH

Cod and Chickpea Curry with rice

- ✓ Chickpea curry with rice

TEA

Cowboy sausage and beans with sweet potato wedges

- ✓ Vegetarian sausages with beans and sweet potato wedges

LUNCH

Beef Stew and Dumplings

- ✓ Winter vegetable stew with dumplings

TEA

Ham and cheese savoury muffins with veggie sticks and dip

- ✓ Cheese and tomato savoury muffins

There is dairy free and Gluten free alternatives for all meals

Fresh fruit and vegetables are served at every snack time and are available throughout the day.

Porridge and cereals are served upon arrival at the beginning of each day.

WEEK 1